

## The Trades Report

### Self-Assessment: Is a Skilled Trade Right for You?

Name: \_\_\_\_\_ Date: \_\_\_\_\_

For each statement, circle a number from 1 to 5.

1 = Strongly Disagree 2 = Disagree 3 = Not Sure 4 = Agree 5 = Strongly Agree

1. I enjoy working with my hands and using tools.

**1 2 3 4 5**

2. I prefer learning by doing, rather than only listening or reading.

**1 2 3 4 5**

3. I like solving practical problems (for example, fixing things).

**1 2 3 4 5**

4. I am comfortable being active and moving around while I work.

**1 2 3 4 5**

5. I can follow steps carefully and pay attention to safety instructions.

**1 2 3 4 5**

6. I like seeing the results of my work at the end of the day.

**1 2 3 4 5**

7. Job security and steady demand for my work are important to me.

**1 2 3 4 5**

8. I would like the option to earn money while I am training.

**1 2 3 4 5**

9. I am open to working in different environments (indoors, outdoors, workshops).

**1 2 3 4 5**

10. I am interested in possibly owning my own business one day.

**1 2 3 4 5**

## Reflection Questions

1. Which statement or statements did you give a 4 or 5? What do these tell you about your interests?

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2. Which statement or statements did you give a 1 or 2? What might this tell you about the kind of work you prefer?

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3. Overall, do you think a skilled trade could be a good fit for you? Explain why or why not.

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